

COVENANT KEEPERS

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PREPARATION:

- Read Mosiah 18:10 and Ezekiel 44:14, the CTR Story, and the following points in the lesson.
- You will need to print and cut-out a **CK 24/7 Shield** for each of the children.
- During the welcome/opening and/or music time, you will need to observe the children in your Primary and find a few children that are showing kindness, reverence, compassion, obedience, or any other covenants/commandments/principles that you can pick out and share in the lesson.
- On the chalkboard, draw blank lines representing the letters in the words, COVENANT KEEPERS.

LESSON:

- Hand each child a *CK 24/7 Shield* and ask them: “Can you crack this code? What do you think it means?” Give them a moment to think about it.
- Show the kids the blank lines on the board. Tell them the first word can be found in *Mosiah 18:10* and the second word can be found in *Ezekiel 44:14*. (For Jr. Primary, have a leader/older child read the verses out loud and have the children raise their hands if they think they know the word. For Sr. Primary, have them read the verses in groups and see which group can crack the code first!) Then explain what 24/7 means (*all day, every day*). Fill out the lines on the chalkboard when they crack the code!
- Discuss what a covenant is (*A two-way promise between a person and Heavenly Father*).
- Discuss baptism and how it is one of the first covenants that we make.
- Share with the children that you were spying on them and you noticed a few times that the children kept their covenants and/or were examples of specific principles of the gospel. Share your observations. (*Example: Jimmy was REVERENT and really listened, as Sarah gave her talk in Primary.*)
- Point out that we keep our covenants every day, when we show love and take care of each other the way Jesus would. After we are baptized, we will have specific promises to keep (*to take upon you the name of Jesus Christ, to always remember Him, and to obey His commandments*) and we can work each day on fulfilling those promises. But even before we are baptized, we can choose the right and keep the commandments and then the Holy Ghost can be with us to help us. As we keep our promises and strive each day to be covenant keepers, we will be training our minds and our hearts how to understand the Spirit and how to make the right choices. This helps us be prepared to go to the temple, where we can learn to make new covenants. And when we do all this, we will get stronger and stronger, each day that we keep our covenants.
- End with your testimony.